

## **The impact of animal products on human health: A 2020 vision of the evidence**

### **L'impact des produits d'origine animale sur la santé humaine : une vision 2020 des preuves scientifiques**

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Dr. Rico holds a Ph.D. in animal science from Penn State University and currently works as a researcher in animal nutrition and physiology at the CRSAD in Quebec. For the last 10 years his research work has focused on the impact of dietary nutrients on dairy cow performance and milk quality, particularly on the synthesis of bioactive milk lipids. His current research focuses on the impact of nutritional and non-nutritional factors on the ruminal microbiome and the lipidome of milk. Given the potential to directly impact the quality of milk for humans through animal nutrition, this work has sparked a keen interest on the association of animal-origin products and human health. In this seminar Dr. Rico explores the history of such associations and provides an update on the current debate being held in our society.